



Educate Protect Love Serve

Please share this Newsletter with your child. All newsletters can be found on our website: <http://www.st-marys-bod.cornwall.sch.uk>

**Newsletter
No. 10
May 2021**

St. Mary's Catholic Primary School



Year 5

Conducting our fair test for exploring insulators and conductors.



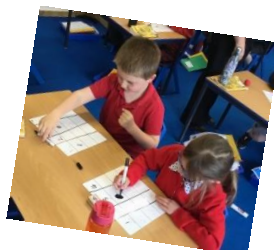
Year 1 enjoying Forest School



Nursery baking lesson



Year 2 exploring rhythm and pulse with a music teacher



We would like to introduce Jenine, Trainee Education Mental Health Practitioner who will be working alongside some of our pupils



My name is Jenine and I am a Trainee Education Mental Health Practitioner allocated to your school.

I am employed by the NHS within the Mental Health Support Team, in the Camel Valley area. The service has been developed out of the Governments Green Paper; Transforming Children and Young People's Mental Health Provision.

The service provides interventions and support for children and young people who may be experiencing low to moderate level low mood and/or anxiety, using a Cognitive Behaviour Therapy model.

My role covers four specific areas:

- Working with pupils and families on an individual basis
- Supporting schools to develop a whole school approach to mental health and well-being for staff, pupils and families.
- Delivering staff training and/or psycho-education groups for pupils around mental health.
- Offering a 'Space to Reflect' where staff concerned about the mental health of a child (anonymously) within the school, is given time and opportunity to reflect, alongside the Mental Health Practitioner, on ways to support and address their concerns.

The support we offer can take the form of:

- ⇒ Face to Face sessions
- ⇒ Virtual/Teams appointments
- ⇒ Telephone calls (sometimes used alongside other methods)

Our service is free to schools and is currently limited to only a number of primary schools in the county due to it being the first Government train blazer team in Cornwall.

Headteachers special mention to: Our new pupils who settled so well into Nursery



Catholic Virtues

As a Catholic school, we believe in more than just giving your children the knowledge and skills they need for life. We understand the importance of supporting your children to be kind, joyful and loving members of society. The Catholic church has always had a plan for how it wants people to live well together – a model for how a 'good' person should act. This model is the Catholic virtues.

There are two groups of Catholic virtues, the Theological virtues of faith, hope and charity (love) and the Cardinal virtues of prudence, temperance, fortitude (courage) and justice. The Theological virtues are gifts to all of us from God, gifts that we all have. The Cardinal virtues are attitudes and behaviours that we need to nurture and build on as we go through life. We may not be great at all of them, but we can work at it and do better. Working at these virtues helps us to be better people and ultimately to strengthen our society.

At St. Mary's and all of the Plymouth CAST schools, we are going to be embarking on a programme of work based on the Catholic virtues. We want you to be fully involved in this and so I will write to you regularly to introduce and briefly explore each virtue.

With best wishes, Mr Moran.

Wraparound Care

If you require use of our Wraparound service please ensure bookings are made by 2.00 p.m. each day.

To secure a place please add money to your wraparound account and send a message via Parentpay to confirm the date and if you require a one or two hour slot.

Send a Message:-

- Click on the child's name
- Click the speech bubbles (along top of screen)
- Click on the three lines (top left of page)
- Click on Contact Schools
- Scroll down and type message

Session times:-

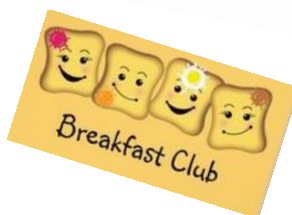
3.15- 4.15 p.m.

3.15 - 5.15 p.m.

(Maximum of 20 places)

Wrap Around Care

Friendly
Reminder



Breakfast Club

Breakfast Club is a bookable facility through Parentpay, please book by 2.00 p.m. each day for the following day.

We have a maximum of 30 places.

If your child is not on the register we cannot guarantee a place.

Breakfast Club runs from
7.45 a.m. – 8.45 a.m.

Please do not drop your child off
before 7.45 a.m.

Term Dates

Spring Bank Holiday	31 May 2021
Summer Half Term	31 May-4 June 2021
Inset Day	7 June 2021
Last day of Summer Term	23 July 2021



Summer Dresses

Please note if you have ordered a summer dress we are expecting a delivery at the end of May.

Orders will be sent home through class.

Sponsored by: **The Exeter**

children's hospice SOUTH WEST **30** years

rainbow RUN
your way

Get rainbowed up and run...
skip, jog, walk, skate, ride to raise vital funds

Saturday 19 to Sunday 20 June 2021 © www.chsw.org.uk/rainbow

Registered Charity No. 1003314

Celebrate National Walking Month by signing up for the **10K THIS MAY** challenge for Merlin MS Centre and help support people living with long-term neurological conditions

Register here to take part.
<https://tinyurl.com/56t94y6u>

Volunteer Cornwall
Merlin MS Centre
UK Charity Reg No. 07069

Have Fun!

The perfect way for girls aged 5-11 to get involved with football

WILD CATS

TIME AND DATE: 10:00 AM - 11:00 AM, Saturday 19th June 2021

LOCATION: Distribution Point, Exeter Campus Road, Exeter, PL2 8X

NEXT STEPS: Please see the link below for more information to book on for a session, or for more info contact us via: 01392 455 555 or 01392 455 555

Cornwall Music Education Hub
FREE 6 WEEK ONLINE MUSIC PRODUCTION BEGINNER COURSE

STARTING ON MONDAY 10th MAY 2021
4PM - 5PM Via ZOOM REMOTE CLASSROOM
OPEN TO ALL 8 - 11 YEAR OLD STUDENTS

Supported using public funding by:
ARTS COUNCIL ENGLAND, BTE, CORNWALL COUNCIL

<https://www.cornwall.gov.uk/schools-and-education/cornwall-music-education-hub/online-music-workshop/>

LTA Youth Start is a fun starter tennis courses for children aged 5 – 11 years old. Packed full of fun games, training drills, and being a family sport it also gives parents the chance to join in too.
£29.99 (+£5 P&P) gets you:

- SIX top class tennis sessions with specially trained tennis coach
- A Tennis racket and set of tennis balls
- A branded t-shirt
- Set of Red & Blue Sweat bands,
- Activity Cards, a lanyard, stickers and certificate on completion

Courses start Wednesday 12th May

For more information and to book:
www.clubspark.lta.org.uk/BodminTennisCentre/coaching

5K IN A DAY SUPERHERO CHALLENGE
for **Cornwall Air Ambulance**
Your charity, saving lives

Saturday 5 - Sunday 6 June 2021

REGISTER NOW FOR FREE
cornwallairambulance.org.uk/superhero-challenge

Saving lives is a team effort - can you run, skip, walk or cycle 5k for Cornwall Air Ambulance?

Big Moments of summer fun!

ALL STARS

Join us at: **Lanhydrock Cricket Club - PL30 4AE**

Sessions will run: Mondays 24th May
Taster 10th & 17th May

Session timings: 5.30pm to 6.30pm

Sign up today at
allstarscricket.co.uk or at the centre

For any questions please email: coaching.lanhydrockcc@outlook.com

DYNAMOS CRICKET

This is our game.

Join us at: **Lanhydrock Cricket Club**

Sessions will run: Mondays starting 24th May (8-11yr olds)

Session timings: 6.30pm to 8pm - taster session 10th & 17th May

For any questions please email: stevecavendish@hotmail.com dynamicscricket.co.uk

TRURO HIGH SCHOOL FOR GIRLS
Small Independent School of the Year 2020

Senior School Open Days
19 & 20 May

Email registrat@trurohigh.co.uk or call 01872 242902 today to arrange your visit

The best education lasts a lifetime.

- Individually known and nurtured
- Wide and varied extra-curricular programme including engineering, dance, surfing, journalism, business and much more
- Free wrap around care from 8am until 6pm
- "This school couldn't do more for its girls if it tried. They are nurtured, coached and encouraged to achieve their personal best at every step." The Good Schools Guide 2020