



The Food Heaven

St Mary's Catholic Primary School, Bodmin



Summer Menu

All meals are nutritiously balanced to support healthy eating and are freshly cooked on site.

April—July 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Week 1 - 17 April, 8 May, 5 June, 26 June, 17 July				
The Main Event with	Sausages and Gravy	Chilli and Nachos	Roast Turkey	Sticky BBQ Chicken	Fish Fingers
	Quorn Sausage(V)	Broccoli Pasta Bake(V)	Quorn Roast(V)	Vegetable Curry(V)	Vegetable Nuggets(V)
	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings
	Creamed Potato and Seasonal Vegetables	Seasonal Vegetables	Roast Potato, Broccoli and Swede	Rice and Seasonal Vegetables	Fries, Baked Beans and Mixed Vegetables
Dessert	Homemade Cookie	Marble Sponge and Custard	Oaty Biscuit	Fruit and Ice Cream	Jam and Cream Sponge
2	Week 2 - 24 April, 15 May, 12 June, 3 July				
The Main Event with	Crispy Chicken Wrap	Meatballs and Pasta	Roast Gammon	Chicken Pie	Fish Fillet
	BBQ Quorn Wrap(V)	Quorn Sausage Pasta Bake(V)	Oven Roasted Vegetables served in in Yorkshire Pudding(V)	Cheese, Potato Leek Bake(V)	Summer Tortilla(V)
	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings
	Potato Wedges, Baked Beans and Peas	Seasonal Vegetables	Roast Potatoes, Cabbage and Carrots	Creamed Potato and Seasonal Vegetables	Fries, Baked Beans and Sweetcorn
Dessert	Chocolate Wholemeal Slice	Homemade Cookie	Berry Oaty Muffin	Fruit Flap and Custard	Fruit Topped Cheesecake
3	Week 3 - 1 May, 22 May, 19 June, 10 July				
The Main Event with	Hot Dog	Lasagne	Roast Chicken	Sausage Pie	Salmon Fish Fingers
	Cheese Whirls(V)	Mac & Cheese (V)	Quorn Roast(V)	Shepherdess Pie(V)	Cheese and Tomato Pizza(V)
	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings
	Potato Wedges, Baked Beans and Mixed Vegetables	Garlic Bread, Peas & Coleslaw	Roast Potatoes, Broccoli and Carrots	Cream Potato and Seasonal Vegetables	Fries, Baked Beans and Peas
Dessert	Chocolate Crispy	Fruit Crumble and Custard	Orange Drizzle Cake	Chocolate Flapjack	Fruity Muffins

Served Daily

(V) indicates Vegetarian Option

Salad Bar

Milk

Fruit

Yoghurt

